

Who is Nova Health?

Nova Health is a specialist nursing and caregiving agency that works alongside many rest homes and hospitals within your community. We also work with private clients to assist with specialist care at home, particularly palliative care.

With a large network of highly trained professional nurses and caregivers we have a range of skills that can complement almost any situation or environment.

Available services:

General and specialist nursing and caregiving services

(including personal care, companionship and home help)

In-home palliative care

(including respite care and carer support)

Professional health consultancy

What makes Nova Health different:

At Nova Health we focus on keeping it simple, personal, and being the best at what we do.

Our highly experienced staff provide wrap around care to suit your unique situation and environment.

We are a boutique agency with an emphasis on personal service and quality care.

For the best in-home and community support get in touch with us:

0800 896 772

Email: info@novahealth.co.nz

Website: www.novahealth.co.nz



A Passion to Care



Home and Community Support Nursing and Caregiving Services

- Specialist care and support from experienced nurses and caregivers when you need it most.
- Flexibility of care that works for you.
- Commitment to providing a unique and personalised service that gives you control.

0800 896 772
www.novahealth.co.nz

General + Specialist Nursing & Caregiving Services

At Nova Health we work around what best suits you. This may include help at home or additional support within a rest home or hospital.

Difficult choices:

It is a difficult decision to ask for help in your own home. Therefore we aim to provide you with exactly the help you need, without encroaching on your personal space.

A comprehensive care plan is provided, making you the centre of our tailored experience. Feel free to talk to our nurse and care staff at any stage about your care and if there are any changes you'd like to make. Maximum flexibility means absolute piece of mind.

What we offer:

The help we can provide includes (but is not limited to):

- **Personal care**
(toileting help, washing, bathing, dressing and transferring)
- **Convalescent care and rehabilitation**
(continued support with wound care, pain management, exercising and motivation)
- **Home help**
(keeping the routine at home going including everything from washing and vacuuming to gardening)
- **Companionship**
(looking after your personal well-being and an ear to listen when required)
- **Additional support within current care environments**
(this is called 'specialing' and allows extra support and care over and above what a facility can provide)
- **Transportation**
(help with larger travel plans either nationally or internationally, where guidelines require support with any medical issues that may arise)

In-Home Palliative Care

This is our speciality and we pride ourselves on being the best.

You have a choice...

Staying at home or within a familiar environment, close to friends and loved ones seems an obvious choice. Life for palliative patients is precious and being able to make the most of it means more quality time together.

Our close ties with Hospice and healthcare professionals means there's no compromise in care provided. A one on one approach ensures a personal touch that can make all the difference..

What we can offer in home:

Each family and situation is unique. You can use us as much or as little as you desire. When your requirements change, we'll change with you. We offer nurses and caregivers from 2 hours to 24 hours a day depending on what you'd like from us and the complexity of care necessary.

Respite care and carer support is also an important part of palliative care and ensures family members aren't overwhelmed or exhausted. A portion of these care requirements may even be funded to help lessen the cost to you. *Please refer to our 'Funding possibilities' section.

Expertise when you need them:

All Nova Health palliative nurses and caregivers are trained in palliative care. Regular professional development and training is offered to our staff to ensure continued competency at the highest level.



Professional Health Consultancy

With a dedicated team and intimate knowledge of the health system we can help guide you through.

Challenges in health:

The health sector is extremely complex and at times can be daunting to negotiate on your own. Allow us to help you with everything from your rights and expectations through to finding the best help and access to services that can benefit you.

Partners in caring:

At Nova our specialist staff work in a very close partnership with families, local hospices, doctors, district nurses, district health boards and an array of organisations to help provide the best wrap around care and support for each individual and their family.

Working with these organisations and healthcare professionals ensures good communication, maximum access to additional support, and continuity with consistency of care.

Funding possibilities*:

When it comes to healthcare there should be no compromise. You may be eligible for some healthcare funding; it won't pay for all of the bills, but it can often be a significant help.

Funding is available through local, regional and national organisations and comes in various forms. Most of the time it is based on a 'needs assessment' (NASC) designed to work out what is best suited for you. This is performed by various agencies and is dependant on your location.

Funding and support can get complicated and vary from region to region. No matter what your situation we can help ensure you're on the right path.